

Complementary and Alternative Medicine

You can receive up to 30% off complementary and alternative medicine services.

No cost. Immediate savings. That's what the latest discount program means to you. Humana's complementary and alternative medicine (CAM) discount program provides on-the-spot discounts when you receive the following services from participating providers:

- Massage therapy
- Acupuncture
- Chiropractic care

Through Humana's relationship with American WholeHealth, you can access a wide range of CAM providers. In all, more than 25,000 practitioners belong to the American WholeHealth network. The CAM services are in addition to your Human insured benefit plan and provided at no additional cost to you.

How does the discount program work?

You can locate participating providers in three ways:

1. Log on to MyHumana, your personal page, on www.humana.com and look under "Special Discounts"
2. Call the Customer Service number on the back of your medical ID card.
3. Visit <http://humana.wholehealthmd.com>

At the time of service, you present you medical ID card for an immediate discount. That's it! You may visit providers as often as you wish.

About American WholeHealth, Inc.

American WholeHealth, Inc. is the nation's largest and fastest-growing provider of integrative medicine. American WholeHealth centers have conventionally trained doctors and specialists in fields such as chiropractic care, acupuncture, herbal medicine, nutrition, and massage therapy, working together to provide a patient-centered approach to health care.

Nominating a provider

If a provider is not listed when a search is performed, you can nominate him/her for possible participation in the American WholeHealth network. Just look for the "Nominate a provider" link near the bottom of the "Search Results" page.

Using health benefits wisely

Services provided by American WholeHealth may also be covered by health insurance. We strongly encourage you to use you Human health insurance benefits and providers whenever possible.

This program is not considered insurance and its services are not part of your Humana health benefits plan. Therefore, there is no need for referrals or pre-certifications.

You are responsible for paying the American WholeHealth providers at the reduced rate for service you receive through this program.

Additional program details

This program is subject to change at any time. You may inquire about the amount of the provider discount at the time of service, by calling the provider, or by calling the number on your medical ID card. Presentation of a medical ID card at the time of service will secure the discount.

Humana does not credential providers who participate in the discount program. Therefore, they cannot guarantee the quality of the providers. If you have a complaint against a participating provider, Humana will notify the provider or contracting entity of the complaint. Humana does not have the ability to take corrective action against the provider.

This is not an insurance product.